

Teeth Healing & Protection

Morning & Night.

Rinse with CloSYS 30 seconds.

Brush Teeth with Crest Regular. Circular motion where gums meet teeth.

Rinse with Listerine Regular 30 seconds.

Rinse with ACT Anti-Cavity 30 seconds.

Rinse toothbrush in Listerine 30 seconds. Stand to dry.

3 to 5 servings Xylitol in some form during day and after snacks.

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