SEASONAL PRODUCE
Will vary slightly by state and location.

SPRING
Apples
Apricots
Asparagus
Avocados
Bananas
Broccoli
Cabbage
Carrots
Celery
Collard Greens
Kale
Kiwifruit
Lemons
Lettuce
Limes
Mushrooms
Onions
Peas
Pineapples
Radishes
Rhubarb
Spinach
Strawberries
Swiss Chard
Turnips

SUMMER
Apples
Apricots
Avocados
Bananas
Beets
Bell Peppers
Blackberries
Blueberries
Cantaloupe
Carrots
Celery
Cherries
Corn
Cucumbers
Eggplant
Green Beans
Honeydew
Melon
Lemons
Lima Beans
Limes
Mangos
Okra
Peaches
Plums
Raspberries
Strawberries
Summer Squash
Tomatillos
Tomatoes
Watermelon
Zucchini

FALL
Apples
Bananas
Beets
Bell Peppers
Broccoli
Brussels Sprouts
Cabbage
Carrots
Cauliflower
Celery
Collard Greens
Cranberries
Ginger
Grapes
Green Beans
Kale
Kiwi
Lemons
Lettuce
Limes
Mangos
Mushrooms
Onions
Parsnips
Peas
Pineapples
Potatoes
Pumpkin
Radishes
Raspberries
Rutabagas
Spinach
Sweet Potatoes/Yams
Swiss Chard
Turnips
Winter Squash

WINTER
Apples
Avocados
Bananas
Beets
Brussels Sprouts
Cabbage
Carrots
Celery
Collard Greens
Grapefruit
Kale
Kiwi
Leeks
Lemons
Limes
Onions
Oranges
Parsnips
Pears
Pineapples
Potatoes
Pumpkin
Rutabagas
Sweet Potatoes/Yams
Swiss Chard
Turnips
Winter Squash

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