Let Gratitude Grow

- Something physical that you like about yourself
- A simple talent that you have
- Your favorite holiday and why
- A drink that you really enjoy
- Someone you love and why you love them so much
- A family tradition that means a lot to you

Print on cardstock. We use a 1/8" hole punch for threading wire and string. A regular size punch also works but you might need to punch it a little further up the petals so the hole is not close to the edges.
Let Gratitude Grow

- A good habit that you have and do regularly
- A favorite piece of clothing that you love to wear
- Something in nature that makes you feel really good inside
- A movie that makes you feel awesome
- A book that you enjoy so much you get lost in it
- Something that makes you laugh

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Let Gratitude Grow

- Something you own that you’re so grateful to have
- Another person who loves you and why you think they do.
- Someone who inspires you to be a better person
- Something you hope to accomplish in the future
- Something that makes you glad you live in the 21st century
- A hobby that you love to do (this is different than a talent)

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- A relative who means or meant a lot to you
- A place that makes you feel wonderful when you’re there
- A very happy memory you have
- A part of your body that is healthy and works really
- Another person you love and why you love them
- A song that makes you feel so good when you hear it
Let Gratitude Grow

A special food that makes your mouth water before you even take a bite

A animal that you adore. It can be a pet or a general type of animal

Something unpleasant that happened that you learned a good lesson from

Your favorite joke

A friend who loves you and why they do

A very nice thing someone did for you once
Print on cardstock. We use a 1/8" hole punch for threading wire and string. A regular size punch would work but you might need to punch it a little further up the petals. Otherwise the hole will be too large and might tear out.
Here Comes the Sun Gratitude Reminders

SOMETHING PHYSICAL THAT YOU LIKE ABOUT YOURSELF

A SIMPLE TALENT THAT YOU HAVE

YOUR FAVORITE HOLIDAY AND WHY

A DRINK THAT YOU REALLY ENJOY

SOMEONE YOU LOVE AND WHY YOU LOVE THEM SO MUCH

A FAMILY TRADITION THAT MEANS A LOT TO YOU

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Here Comes the Sun Gratitude Reminders

- A good habit that you have and do regularly
- A favorite piece of clothing that you love to wear
- Something in nature that makes you feel really good inside
- A movie that makes you feel awesome
- A book that you enjoy so much you get lost in it
- Something that makes you laugh
Here Comes the Sun Gratitude Reminders

1. Something you own that you’re so grateful to have.
2. Another person who inspires you and why you think they do.
3. Someone who loves you.
4. Something you hope to accomplish in the future.
5. Something that makes you glad you live in the 21st century.
6. A hobby that you love to do (this is different than a talent).
Here Comes the Sun Gratitude Reminders

- A relative who means or meant a lot to you
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- A song that makes you feel so good when you hear it
Here Comes the Sun Gratitude Reminders

- A special food that makes your mouth water before you even take a bite.
- A animal that you adore. It can be a pet or a general type of animal.
- Something unpleasant that happened that you learned a good lesson from.
- A friend who loves you and why they do.
- Your favorite joke.
- A very nice thing someone did for you once.
Here Comes the Sun Gratitude Reminders