

# Aromatherapy Inhaler

There are two different patterns. The one below allows you to trace the shape onto darker colored cardstock. You then print the poem on white paper and glue it on the front. The second page has a pattern you can print directly onto light or white cardstock.

## INSTRUCTIONS

Cut out the card pattern and trace onto the cardstock color of choice. After cutting out the card carefully fold on dotted lines. Cut small slits into the card where shown to slip the necklace string through. Wind up the string and tape it to the back of the card.

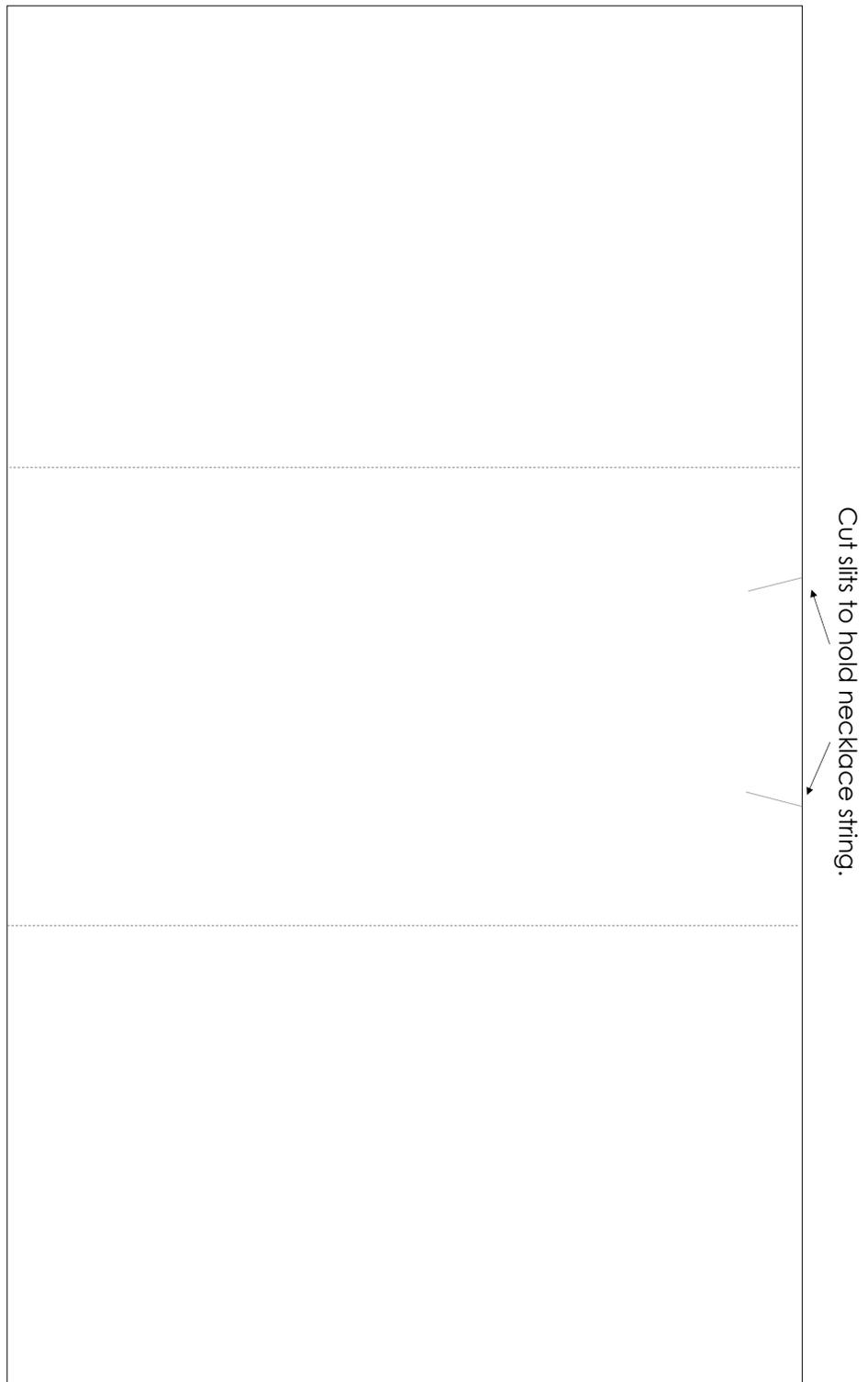
Print out poem on white paper and cut out and glue onto the front of card. Fold the card together and then punch a hole or cut a slit where shown, going through all the layers. After inserting your inhaler fold it over, insert your ribbon and tie a bow.

## POEM FOR THE GIFT CARD

Here's a pretty necklace  
That has a purpose too.  
Just add essential oils  
And sniff when you feel blue!

It's just some plastic and some gauze.  
It's not remotely weird.  
With beads and string and Washi tape.  
Why, something new appeared!

So wear it proudly round your neck  
With purpose and with cause!  
For it's just a bit of plastic  
And a little piece of gauze.



Punch hole through all layers after folding over. Be very careful to not get too close to the edge. A small slit would also work putting the ribbon ties through.

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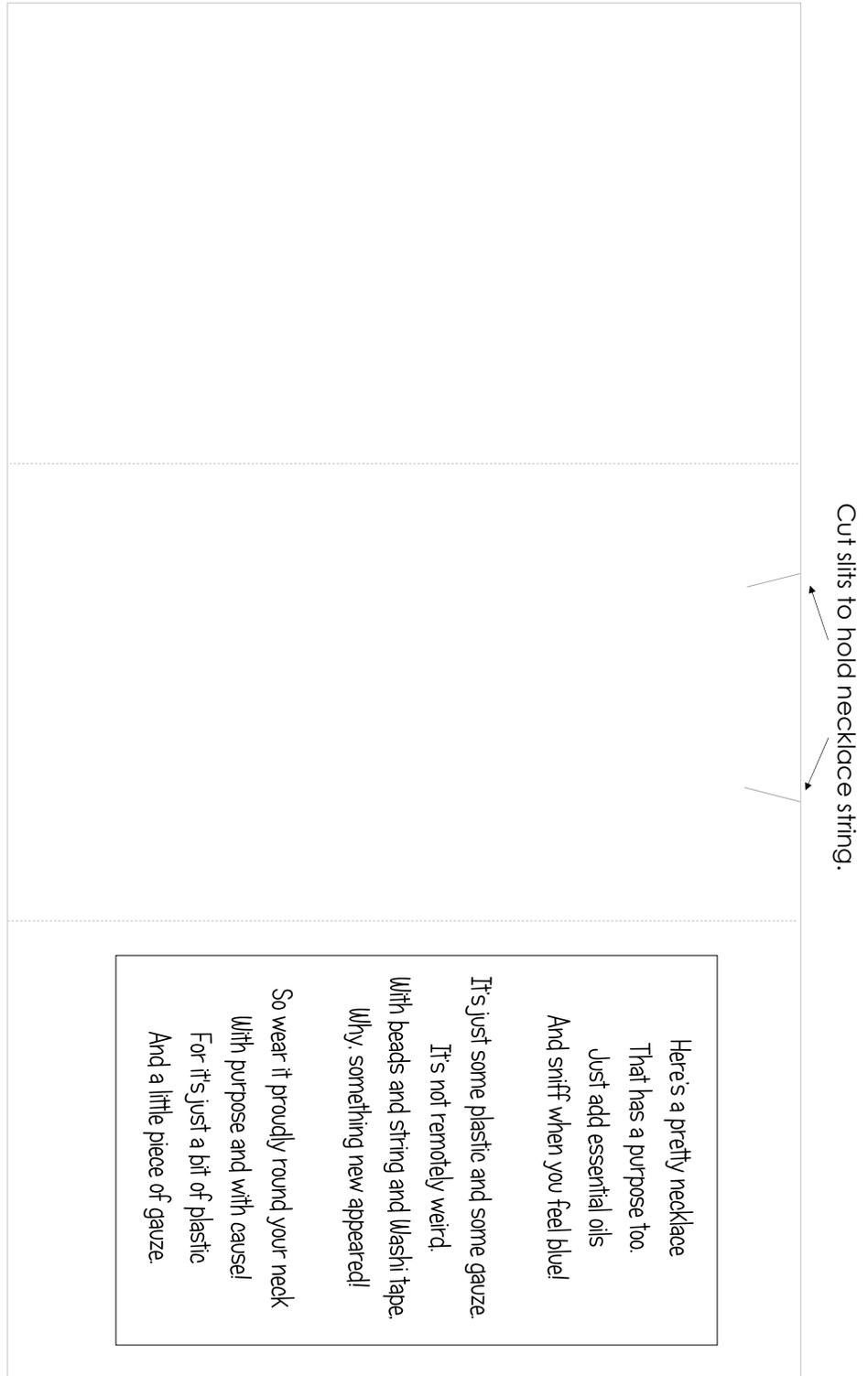
## INSTRUCTIONS

This version allows you to print the pattern directly on it using white or light colored cardstock. The poem is printed on the front so it does not have to be cut out and added.

After printing your pattern, cut it out carefully and fold it on the dotted lines. Cut small slits into card where shown to slip the necklace string through.

Wind string up and tape it onto the back of the card.

Fold the card together and then punch a hole or cut a slit where shown, going through all the layers. After inserting your inhaler fold it over, insert your ribbon and tie a bow.



Punch hole through all layers after folding over. Be very careful to not get too close to the edge. A small slit would also work putting the ribbon ties through.