

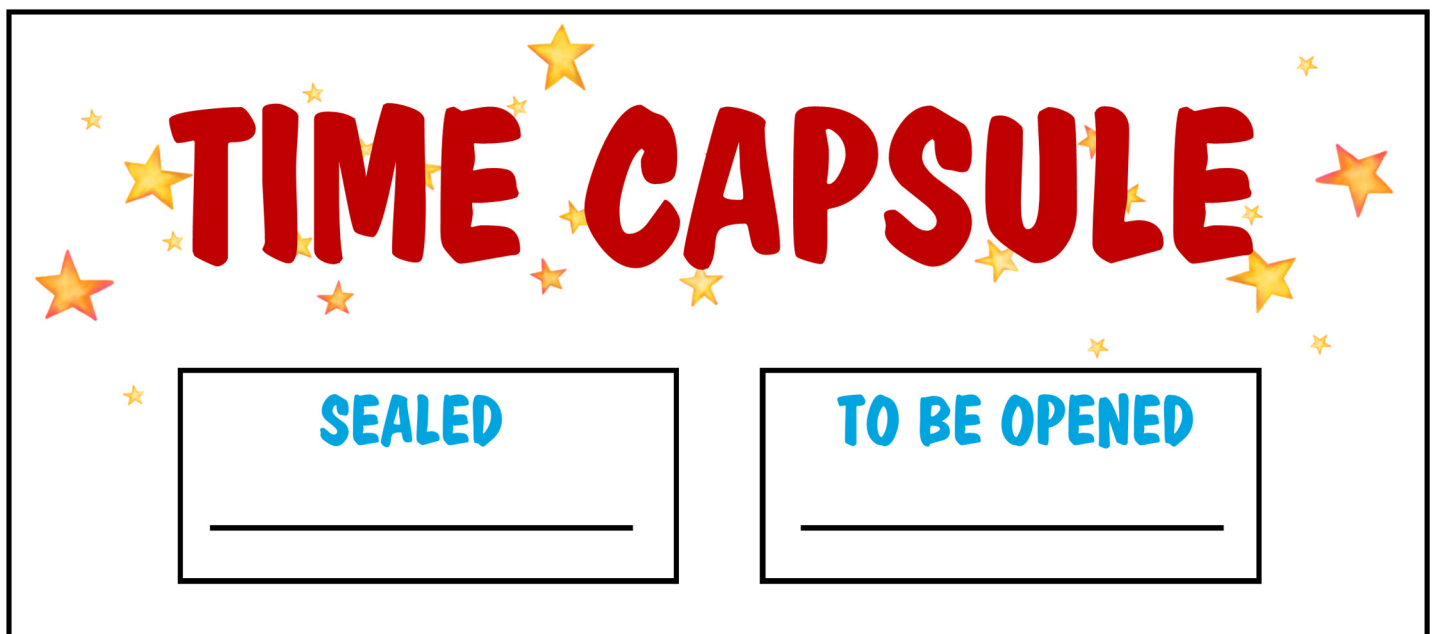
Family Time Capsule

Print out the appropriate sheets and fill them out. There is one for younger kids and one for adults. Below is a list of ideas for items you can place in your time capsule along with the rolled up or folded info sheets. Make sure you don't put any perishables into the container.

Cut out your label of choice, fill out and attach it to your time capsule.

IDEAS FOR ITEMS TO Place IN YOUR TIME CAPSULE

- Newspaper clippings or headlines cut out
- Small magazine
- Photos from family activities during the year.
- Family photo
- Hand print or outline
- Receipt from local grocery shopping.
- Article of clothing
- Artwork or drawings
- Money with current date.
- Music CD
- Ticket stubs
- Greeting cards
- Digital items such as a CD with a video or audio file to yourself in the future.



Family Time Capsule

TIME CAPSULE

SEALED

TO BE OPENED

Time Capsule

Sealed

To Be Opened

Name: _____

Age: _____

My Favorite...

Song: _____

Movies: _____

TV Shows: _____

Colors: _____

Foods: _____

Friends: _____

Books: _____

Games: _____

Actor: _____

Singer: _____

Goals I have for the future:	Things I enjoy doing for fun:
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My Signature _____

Letter To My Future Self

Name: _____

My Favorite...

Songs: _____

Movies: _____

TV Shows: _____

Color: _____

Foods: _____

Friends: _____

Books: _____

Games: _____

Teachers: _____

Subjects in School: _____



What I want to be when I grow up:

What I like to do for fun:



My Stats

Age: _____ Shoe Size: _____

Weight: _____ Clothes Size: _____

Height: _____ Hair Color: _____



My Signature _____

Letter or Drawing To My Future Self



My Handprint Or Outline