

U.S. Daylight Saving Time Reminders

Begins at 2:00 a.m. the second Sunday in March. Reverts back the first Sunday in November relative to each state time zone.

A Few Facts

1. Its Daylight Saving Time not “savings” time.
2. Ben Franklin did not invent it. Though in 1774 he did suggest getting people up earlier as a way to save money on candles.
3. First implemented in 1909 during WWI as a way to save energy for war production. It was also referred to as “war time”.
4. Hawaii and Arizona (except for the Navajo Nation) do not observe it.
5. It's used in over 70 countries around the world though dates and times vary.




If you're one of those people who likes to plan ahead, here's a chart that will take you up to 2025.

DAYLIGHT SAVINGS TIME DATES		
2015	2 a.m. March 8	2 a.m. Nov. 1
2016	2 a.m. March 13	2 a.m. Nov. 6
2017	2 a.m. March 12	2 a.m. Nov. 5
2018	2 a.m. March 11	2 a.m. Nov. 4
2019	2 a.m. March 10	2 a.m. Nov. 3
2020	2 a.m. March 15	2 a.m. Nov. 1
2021	2 a.m. March 14	2 a.m. Nov. 7
2022	2 a.m. March 13	2 a.m. Nov. 6
2023	2 a.m. March 12	2 a.m. Nov. 5
2024	2 a.m. March 10	2 a.m. Nov. 3
2025	2 a.m. March 9	2 a.m. Nov. 2


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Print and place where appropriate to remind you to change your clocks.




Time to
CHANGE THE CLOCKS

2ND SUNDAY MARCH	1ST SUNDAY NOVEMBER
1 HOUR AHEAD	1 HOUR BEHIND




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