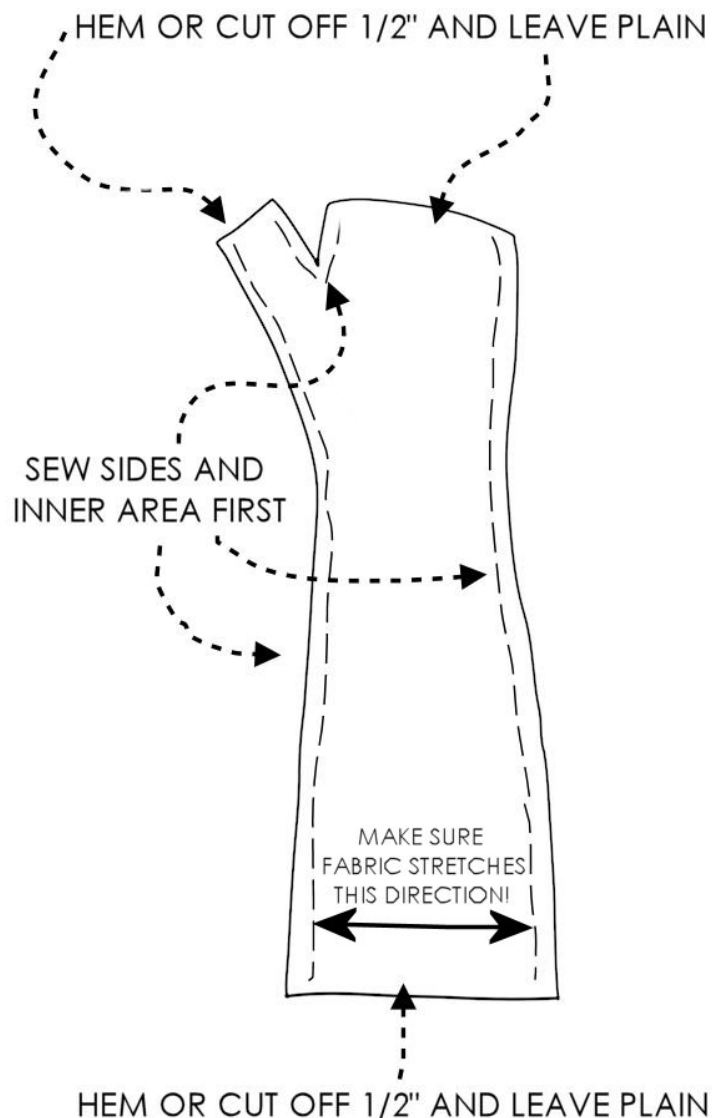


Arm Warmer Pattern

These are super easy to make and feel so good using soft stretchy fleece material. Tape piece #2 of the pattern onto the bottom of piece #1 before laying out and cutting.

MATERIAL: 1/2 a yard soft stretchy fleece.

INSTRUCTIONS: Lay the pattern onto folded material. Make sure you lay the pattern so that the material stretches from side to side on the arm warmer and NOT from top to bottom. You need the give to be on the width so that you can put it on easily. Cut out 2 sets. Sew sides. Hem if desired. I preferred to hand hem mine rather than using the sewing machine as I liked the look much better. They can also be left unhemmed. Cut about 1/2" off the hand and thumb opening if leaving them raw edged.





#2

Tape this piece onto the bottom
of the top piece before laying
out and cutting.

I sewed my thumb sides with about a 1/3" seam and tapered out to 1/2" down the side of the warmers.

#1

Attach pattern piece #2 onto the bottom of this one before cutting your material.

With right sides of material together, cut 4 pieces of this pattern, 2 for each arm. This pattern allows for a 1/3" to 1/2" seams and hems. This size will fit an average woman's arm. You can adjust if necessary.

*****IMPORTANT*****

**MAKE SURE THE FABRIC STRETCHES
IN THIS DIRECTION**

