Skin Glue Instruction Cards

Print on cardstock and keep with your skin glue supplies.

1. Measure
   - 1 part powdered comfrey leaf
   - 1/2 part powdered lobelia
   - 1 part honey
   - Wheat germ oil

   Example for small wound:
   1 tsp. powdered comfrey leaf
   1/2 tsp. powdered lobelia
   1 tsp. honey
   6-10 drops of wheat germ oil

2. Mix
   Mix the ingredients thoroughly. Add the wheat germ oil a few drops at a time to form a paste without over thinning.

3. Apply
   Fill the wound with the mixture. Using a bandage or Steri-Strip, try to seal the wound closed by applying one side of the bandage, then pulling the bandage towards the wound before applying the other side. Don't touch it for 24-48 hours. Then remove the strips or bandages and add more skin glue. Do not remove the old glue; just add more. Do this until healed.

Make fresh for each wound to prevent contamination. Pre-mixed dry herbs may be stored in a jar or sealed container until honey and oil are added. Leftover mixture may be stored in the fridge and used to refill wound for up to 30 days. Thin out with additional oil as needed.
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Measure
- 1 PART POWDERED COMFREY LEAF
- 1/2 PART POWDERED LOBELIA
- 1 PART HONEY
- WHEAT GERMIN OIL

Example for small wound:
1 TSP. POWDERED COMFREY LEAF
1/2 TSP. POWDERED LOBELIA
1 TSP. HONEY
6-10 DROPS OF WHEAT GERMIN OIL

Mix
MIX THE INGREDIENTS THOROUGHLY.
ADD THE WHEAT GERMIN OIL A FEW DROPS AT A TIME TO FORM A PASTE WITHOUT OVER THINNING.

Apply
FILL THE WOUND WITH THE MIXTURE USING A BANDAGE OR STERI-STRIP. TRY TO SEAL THE WOUND CLOSED BY APPLYING ONE SIDE OF THE BANDAGE, THEN PULLING THE BANDAGE TOWARDS THE WOUND BEFORE APPLYING THE OTHER SIDE. DON'T TOUCH IT FOR 24-48 HOURS. THEN REMOVE THE STRIPS OR BANDAGES AND ADD MORE SKIN GLUE. DO NOT REMOVE THE OLD GLUE JUST ADD MORE. DO THIS UNTIL HEALED.

MAKE FRESH FOR EACH WOUND TO PREVENT CONTAMINATION. PRE-MIXED DRY HERBS MAY BE STORED IN A JAR OR SEALED CONTAINER UNTIL HONEY AND OIL ARE ADDED. LEFTOVER MIXTURE MAY BE STORED IN THE FRIDGE AND USED TO REFILL WOUND FOR UP TO 30 DAYS. THIN OUT WITH ADDITIONAL OIL AS NEEDED.