The ideas below are giving with the idea of the bride being photographed while doing the activity. Some are just great ideas in and of themselves for using your gown. Some will indeed trash your dress, other's won't. REMEMBER: Make sure whatever you do that it's SAFE. i.e. jumping into deep water with a heavy wedding dress is dangerous! As is wearing a dress near machinery or while riding things. Please use wisdom!

- 1. Rollin' In It Squirt paint onto a large area covered in plastic sheeting and roll in it.
- 2. Hit Me With Your Best Shot! Get shot with paint ball guns.
- 3. Go Hog Wild! Roll in the mud.
- 4. **Back to the Future:** The bride and groom write messages to their future selves all over the dress in permanent sharpie markers.
- 5. Hanging With the Homies Spray paint it with one large piece of graffiti art.
- 6. Ease On Down the Road Ride a three wheeler through the dirt or mud.
- 7. A Picture Paints a Thousand Words Let little kids surround you and finger paint all over it.
- 8. Out On a Limb! Climb a tree.
- 9. **Here Kitty, Kitty...** Let kittens attach themselves to the lower part of the dress.
- 10. **Piece of Cake!** Sit on the ground eating a huge piece of your wedding cake, chocolate is best, with cake and icing smeared all over your face and the dress.
- 11. **Can I Have Your Autograph?** Everyone at the wedding or reception autographs your dress with sharpie markers. You can buy them in various colors too!
- 12. **Taking Root** Compost your dress and plant a tree with it. (Natural fabrics such as wool, cotton, hemp etc.)
- 13. Last Kiss Have guests put on red lipstick and cover the dress in kisses.
- 14. **Security Blanket** Have a quilting party and cut it up and make a quilt out of the pieces.
- 15. Don't Burst My Bubble Sit in a bathtub overflowing with bubbles.
- 16. New Beginnings Make a christening or blessing gown or suit for a new baby.

- 17. **For the Birds** Sitting on the ground with the dress spread out, cover yourself with bread or birdseed near a pond with tame ducks or near a spot with lots of pigeons.
- 18. **No Strings Attached** Give guests silly string. They squirt the bride with it while photos are taken.
- 19. Full of Hot Air Attach helium filled balloons all over and around the dress.
- 20. 'm Kinda Buried Right Now Bury the bride in a semi filled shallow hole with the dress sticking out in places.
- 21. **High Five!** Guests dip hands in paint and place handprints all over the brides dress.
- 22. You Light Up My Life String twinkle lights all around the bride.
- 23. **Head Over Heels** Bride climbs monkey bars, hangs upside down. (Make sure the bride has underwear on. Ü)
- 24. In Your Face Everyone tosses cream filled foil pie plates at the bride.
- 25. Over My Dead Body Photograph the bride in a graveyard at night.
- 26. **Peeping Tom** Eye Holes are cut in the dress and the groom gets under it and peers out.
- 27. Come Rain Or Shine Photograph the bride in a rainstorm.
- 28. **Tie the Knot** Bride is tied up completely with rope.
- 29. **A Drop in the Bucket** Give guests buckets of water. Take photos at everyone pitches the water onto the bride.
- 30. **Zombie Apocalypse** The bride is made to look like a Zombie with Halloween makeup and the dress is likewise converted to Zombie wear.
- 31. Close To My Heart Purchase pendants that allow you to put photos in them. One's with clear fronts are perfect! Put pieces of our wedding dress into them to keep and/or give to female family members.

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Trash the Dress Planning Sheet

Title/Theme:	
Location:	
Activity Details	
Helpers:	
Supplies:	
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